



# 2018 GPC ADULT AWAY TRAINING CAMP

THURSDAY MARCH 8<sup>TH</sup> – SATURDAY MARCH 10<sup>TH</sup>  
MURRELLS INLET, SOUTH CAROLINA



WE WOULD LIKE  
TO INVITE YOU TO...

Participate in the 2<sup>nd</sup> Annual Golf Performance Coaches (GPC) “Adult Away Training Camp” in Murrell’s Inlet, South Carolina. Throughout the three days, players will be participating in full days of golf training and on-course play at a variety of great courses such as TPC Myrtle Beach, Wachesaw Plantation East, and Prestwick Golf Club.

This comprehensive training camp is designed specifically for the passionate mid-am player. This camp will help participants prepare for the outdoor season and will include a curriculum delivered personally by Jon Roy and Jeff Overholt. Core themes for the week include: Self-management skills, nutrition and positive athletic behaviors, on-course tactics, mindfulness, swing mechanics, debriefing and reflection skills, and considerable attention on short game techniques. It is an extremely comprehensive three days of training that shouldn’t be missed.



Schedule and  
Pricing on the  
following page



*Confirmation of your attendance at the camp must be received by Monday Jan. 15<sup>th</sup>*

## REGISTRATION:

JEFF OVERHOLT - [JEFF@GOLFPERFORMANCECOACHES.COM](mailto:JEFF@GOLFPERFORMANCECOACHES.COM) OR 647-897-6178

VISIT [GOLFPERFORMANCECOACHES.COM](http://GOLFPERFORMANCECOACHES.COM) TO LEARN MORE ABOUT THESE PROGRAMS



# SAMPLE DAY ITINERARY

① 8:00 AM

Arrive at golf course – Training Sessions and Themes for the day

② 10:00 AM

Play 18 holes with Coach Supervision

③ 2:00 PM

Lunch, Reflections

④ 3:00 PM

Supervised Training Sessions

⑤ 6:30 PM

Dinner and Day Reflections

**NOTE:** We will be looking for feedback from participants in regards to how much on-course time they would like throughout the 3 Days of camp.

**PRICING: \$1,000 – 1,250** US Pricing  
HST Included

**Included:**

- ⦿ Golf facility fees – On-course play plus range access
- ⦿ 3 Days of full coaching support from Jon Roy & Jeff Overholt

**Not Included:**

- ⦿ Flights - Players will be responsible for their own travel arrangements to and from Myrtle Beach.
- ⦿ Accommodations – Players will stay together in a beach house or condo near golf facilities.
- ⦿ Transportation – One or two rental cars will be needed to get to and from golf courses

Payment #1 – paid by January 15, 2017 - \$750.00

Payment #2 – paid by April 15, 2018 - The second payment will be around \$250. We keep the second payment variable as it ensures that we have an accurate total of expenses with the US dollar.

**NOTE:** We would like payments to be in USD.

