



COPPINWOOD

# THE MASTERY GROUP

A SERIOUS TRAINING ENVIRONMENT FOR DEVELOPING GOLF SKILLS

This popular training group is once again available to members for the 2018 season. Combining private coaching, on course experiences, and group practices, participating players will benefit from the very best in coaching feedback, in a variety of environments.

The avowed goal is to study the “essential playing skills”, a study which - as anyone who has played the game a while knows - goes far beyond the simple swinging of a golf club. Considerable attention is paid to tee shots and short game skills, as well as to the latest research in sport psychology and tactics. Most importantly, this group studies the **person** making the shots and works to develop self-awareness.

Group practices are dynamic and engaging, and will surely help you to discover your own best practices. More than anything, this group is about “practice” in the true sense of the word – consistent and repeated attention to our craft, engaged in a process that is valuable for it’s own sake.

## THE PROGRAM

Runs from May 20 through September 20 and includes:

- **4 hours of Private Coaching** – One on one time booked with Jon at your convenience
- **10 or more Team Practices** – Group training on most Thursday mornings (7:15 – 8:45am) and select Monday evenings (6:15 – 7:45pm). Practices are led by Jon, with his staff of trained coaches.
- **18 holes of On-course Play** – A chance for coaches to observe your game in action. Round will in most cases be organized with Assistant coaches.
- **Membership to shotbyshot Statistical Analysis** – Detailed analysis of the strokes gained principle is provided, and these in turn guide the training sessions and one on one time.

## PROGRAM COST

\$ **1200**

NEW PLAYERS

\$ **1000**

RETURNING PLAYERS

+HST - DIVIDED INTO 4 EQUAL MONTHLY PAYMENTS THROUGH THE SUMMER.

\*GUESTS OF MEMBERS ARE WELCOME TO ATTEND GROUP CLASSES FOR A FEE OF \$80 PER SESSION.

## 2018 PRACTICE SCHEDULE

THURSDAY MORNINGS FROM 7:15 – 8:45AM

May 24	May 31	June 14	June 21	July 5	July 12
July 26	Aug. 2	Aug. 9	Aug. 23	Sept. 6	Sept. 13

TO REGISTER CONTACT: Jon Roy @ 905.751.6806 or [jroy@coppinwood.com](mailto:jroy@coppinwood.com)  
VISIT **COPPINWOOD.CA** TO LEARN MORE ABOUT THESE PROGRAMS